

Sixtus
Schliersee
ALPENTRIATHLON

From 21st to 22nd July, 2018



ALPENTRIATHLON

Information Sheet

THE must-do Olympic distance event in the mountains



Organizer

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Association

Bayerischer Triathlonverband (BTV)

Date

Saturday, 21st July and Sunday, 22nd July 2018

Event Area:

Schliersee
Vitalwelt Schliersee
Perfallstraße 4
83727 Schliersee
Germany

Referees: BTV-Competition Court

Medical Support: Bavarian Red Cross, Water Rescue Service, Mountain Rescue

Registration, Start, Transition 1 and Expo area are in front of the Vitalwelt Schliersee. Transitions 2 as well as the finish line are at Spitzingsee. After finishing the race, each athlete has to plan his/her way back to the Vitalwelt Schliersee on his/ her own, as there is no shuttle service provided.

Starting Time: Sunday, 22nd July 2018

There are two different starting times, depending on participation numbers and different rating categories.

Planned starting times:*

11:00 am Starting Group 1
11:07 am Starting Group 2
11:15 am Starting Group 3

*The starting times may vary. We keep you informed about any changes.

Registration**There is just an online registration.**

We offer different payment options. You can register online - just follow the link:
www.schliersee-alpentriathlon.com

Registration Deadline: 8th July 2018

Please, do not forget the registration deadline! In general, late registrations are not possible! In case of lower registration numbers, we will open a second registration procedure and inform you on our homepage and facebook page in time. For the additional effort, we will have to charge an extra fee of 10 €.

Starting Fee olympic distance

Category	Early Bird until 31 st December 2017	Regular Registration until 31 st May 2018	Late Entries until 8 th July 2018
Individual	65 €	75 €	85 €
Relay (3 Starters)	95 €	105 €	115 €
Day Licence Only for Individual according to BTV	16 €	16 €	16 €

The timing chip has to be rented for a fee of 3,50 €.

Participation Limit:

Olympic Distance: 1000 Participants (850 Individuals and 50 Relay Teams)

The fees above relate to the time of registration on our online portal. In addition, there may occur additional charges for certain payment methods.

Day licence: participants without a valid DTU-pass or a foreign triathlon license need a day license for 16 Euro if they cannot present a DTU-pass or triathlon license at registration. Relay teams do not need a day license.

The Participation Fee includes:

- Race Kit
 - Bib number; stickers for your helmet, bicycle, transition bags and box; swimming cap; athlete wristband
- Running Bag and After Finish Bag (including their transport to transition 2, before the start
- Pasta Party
- Finisher-Medal
- „Kaiserschmarrn“ (typical Austrian dessert)
- Finisher aid station
- The referees salary, road closures, medical support on race course

Race Course Olympic distance

Swim (1.5 km)



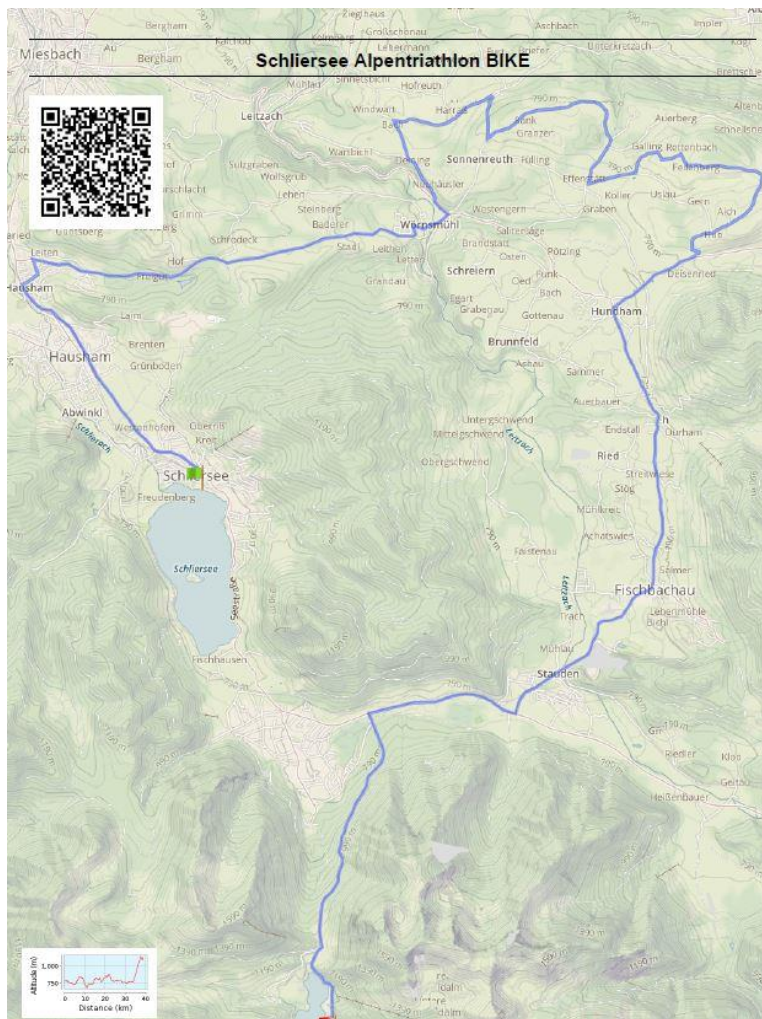
The start is in front of an impressive mountain panorama at the “Vitalwelt Schliersee”. The swim course is a triangular route in clockwise direction on the lake.

The water has top-quality and the temperature in July is about 20-21°C. Find the current temperature [Here!](#)

The time limit for the swimming distance is 60 minutes.

The rules of the DTU are set as standard. As of 22°C water temperature, the swimming distance has to be accomplished without wetsuits. Find more details about DTU standards on: <http://www.dtu-info.de/footer/regelwerk-ordnungen/ordnungen.html>

Bike (40 km)



Drafting is strictly forbidden for all categories!

The vast majority of the course is closed to public traffic. Nonetheless, the traffic regulations have to be considered!

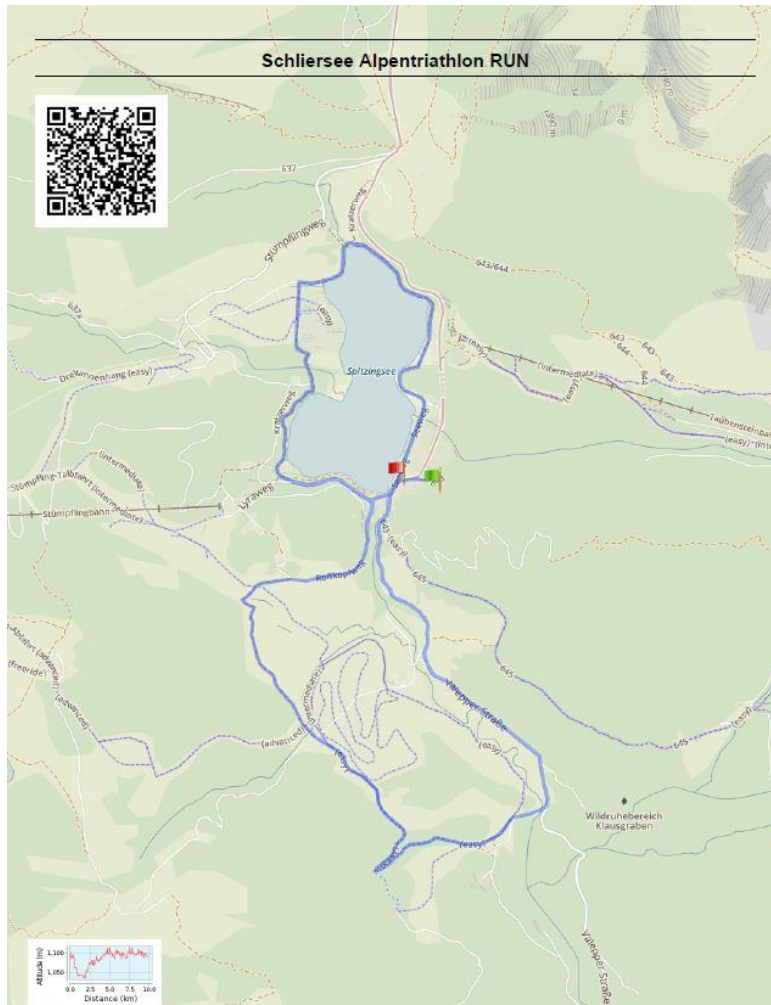
The fantastic race course at the bavarian alps starts at transition zone at the “Kurpark” (height of 791 m). After passing the city center of Schliersee the bike course runs in direction of Haussham, passes Holz and reaches Wörnsmühl. There, after turning right and immediately left, starts a first hard incline in direction of Deining and the villages of Bach and Nicklasreuth. From that point the course turns right and on the verge of Sonnenreuth it turns left passing the villages of Rank, Effenstätt, Schneider and Maier. Now the course leads on the main street passing Dürreneck, Hub to the descent to Hundham. Now the course runs in direction Fischbachau, gets onto the B307 at Aurach until the crossroads leading to Schliersee.

Here starts the category for the best climber „Queen and King of Spitzingsattel“, and leads 4 km with an average incline of 12% to the Spitzingsattel (height of 1.127m)!

Reached the Peak there is a short descent to transition zone 2 at the Spitzingsee (height of 1.100 m).

The cut off time for swimming and cycling is 3 hours and 5 minutes.

Running (10 km)



The running course starts at transition zone 2, leads you in the beautiful mountain panorama of the Spitzingsee and consists of three segments.

The first segment runs from the transition zone 2 in direction of the lake passing “Valepper Straße” and reaches at KM 2 the crossroads to „Blecksteinhaus“. From that point it runs back to the “Spitzingsee” on a gravel path. Now the two identical segments 2 & 3 start at KM 5 and run in clockwise direction around the lake. The Finish Line is located at the waterfront promenade of the Spitzingsee.

The cut off time for all three disciplines is 4 hours and 20 minutes.

Aid stations along the course

There are no aid stations along the bike course. At the end of transition 2 is the first opportunity to grab some drinks and snacks. There are aid stations at KM 5 and KM 7.5 along the race course.

Award Ceremony Olympic Distance**Individual**

Besides the overall winners, the following categories are chosen to receive awards:

Category	Age Group
Junior	2000-1999
AG 20	1998-1994
AG 25	1993-1989
AG 30	1988-1984
AG 35	1983-1979
AG 40	1978-1974
AG 45	1973-1969
AG 50	1968-1964
AG 55	1963-1959
AG 60	1958-1954
AG 65	1953-1949
AG 70	1948-1944
AG 75	1943-1939
AG 80	1938-1934
AG 85	1933-1928

Juveniles up to the age of 17 years are not allowed (following the sport order by DTU) to participate in an individual competition on an Olympic Distance.

a) **Regional Category**

There will be a category which honors the best athletes of the region (Miesbach). We will value the performances of both Schliersee Alpentriathlon and Tegernsee Triathlon at 22nd July 2018.

b) **Category for the best climber „Queen and King of Spitzingsattel“**

The category „Queen and King of Spitzingsattel“ honors the winners of the climbing segment which starts at the foot of Spitzingsattel and ends at the peak – circa 4 km of an average of 12% incline! For this category only individual athletes all over all other categories are chosen to receive awards.

c) **Category of Relay (3 Starters)**

One relay team consists of three starters. Every single starter has to pass one challenge. The hand off the time chip has to be inside the transition zone

A relay team can consist of females, males and mixed

Due to logistic reasons a relay team has to consist of three members.

Minimum age Bike: 15 years (from age group 2003)

Minimum age swim and run: 14 years (from age group 2004)

Timing

When you are registering online for the event, you have to pay a timing chip fee of 3.50 €.

There is no deposit. The timing chip that is attached to the ankle determines the total racing time and thus the placing of the athlete or the relay. The first point of time measurement is the entry for the swim start. There are further timing mats along the race course. After you finished your race, the timing chip has to be returned at the transition zone. Bike for chip. In case you do not return the chip, we will have to charge another 85 €.

Certificates and Categories

Every athlete who completes the race according to the norms of the BTV-Competition Court will receive a certificate. You will find the certificates and results of the categories on our homepage:

www.schliersee-alpentriathlon.com.

Competition Rules

The rules of the BTV and the DTU are set as standard for the Alpentriathlon.

You have to follow the instructions given by the referees. The aid of a third party is strictly prohibited. Helmets are mandatory.

Liability

Each participant acknowledges the conditions of participation and the disclaimer by registering online for the Alpentriathlon.

Protection of the environment

In order to protect our beautiful nature in the Schliersee and Spitzingsee region we ask you not to throw your gel packaging, bottles or other waste into the environment. You will find rubbish bins inside the transition zones. The referees are entitled to disqualify athletes who will not respect the protection of the environment.

Arrival and Parking

By Car:

Coming from Munich or Salzburg (A8) take the exit called „Weyarn“. Then, follow the B307 to Schliersee. You can park at the Vitalwelt or the train station Schliersee.

Enter the following address in your navigation system: Perfallstraße 4, 83727 Schliersee

By Plane:

The closest airport is Munich (MUC) – Use the S-Bahn S1 or S8 to get to the central train station of Munich. You can continue by using the train or a rental car.

By Train:

Starting from the central train station in Munich (Hbf München), you can take the BOB (Bayerische Oberlandbahn). There is an hourly train to Schliersee/ Bayrischzell. Please consider that the train is separated along its way so that you have to choose the right train compartment.

Temporary Schedule

Saturday, 21st July 2018

12.00 – 07.00 pm	Race Kit Pick-Up Olympic distance	Vitalwelt Schliersee
05.00 – 07.00 pm	Pasta Party	Vitalwelt Schliersee
07.00 – 08.00 pm	Racebriefing Olympic distance (Attendance is recommended!)	Vitalwelt Schliersee

Sunday, 22nd July 2018

08.00 -10.00 am	Registration/ Bag drop for Transition Area 2 (including your Streetwear)	Vitalwelt Schliersee
08.30 – 10.30 am	Bicycle Check-In	Kurpark
11.00 am	Starting Group 1	Kurpark
11:07 am	Starting Group 2	Kurpark
11:15 am	Starting Group 3	Kurpark
01.50 pm	Cut Off Bike at km 34	Beginning of “Spitzingstraße”
02.25 pm	Cut Off Bike and Transition 2	Spitzingsee
From 02.25 pm	Bicycle Check Out/Transponder Return	Transition Area 2 Spitzingsee
From 02.40 pm	Transition Area 1 Check-Out	Transition Area 1 Schliersee
03.35 pm	Final Cut Off	Lake Promenade Spitzingsee
04.15 pm	End of Bicycle-Check-Out	Transition Area 2 Spitzingsee
05.00 pm	Award Ceremony	Vitalwelt Schliersee

Attention! There is no race briefing on Sunday before the race starts. Please pay attention to the information given right before the start by the race director or the announcer.

Olympic Distance

Start / Transition Zone 1 - Kurpark Schliersee

Finish Line / Transition Zone 2 – Spitzingsee

Accommodations

For choosing the best fit for your overnight stay, please contact the tourist information Schliersee.
www.schliersee.de

Shower and Changing Facilities

You can find shower and changing facilities in the Vitalwelt Schliersee. There are additional changing areas at Spitzingsee on Sunday.

Program

Besides the breathtaking mountain panorama and cheering support along the course, there will be a sport exhibition as well. The renowned “Kaiserschmarren” will be prepared for you at the finish area.

Transition Bag 2 and Streetwear Pick-Up

Athletes have to drop off their Bag for Transition Area 2 (changing from cycling to running) and their Streetwear Bag at the Transition Area 1 (Vitalwelt Schliersee) before the race starts.

Race Kit Pick Up & Pasta Party

On Saturday, the registration is opened for you at the Vitalwelt Schliersee, starting at noon. Please do not forget to bring your confirmation for participation and a valid photo ID. We would also like to invite you to our big Pasta Party at the Vitalwelt Schliersee at 05.00 pm. Don’t forget your food and drink voucher (included in the starter package).

On Sunday, registration is open from 08.00 am until 10.00 am.